



Galápagos Express Adventure: Wilderness & Wildlife - SEGB

7 days: Santa Cruz Island to San Cristóbal Island

What's Included

- Your Big Night Out Moment: - Puerto Ayora, Santa Cruz Island
- Interpretation Centre Visit (San Cristóbal Island)
- Snorkelling equipment and activity at Tijeretas (San Cristóbal)
- Hike to Sierra Negra Volcano (Isabela Island)
- Charles Darwin Research Station (Santa Cruz Island)
- Isabela Municipal Tax
- Opportunities for snorkelling, swimming, and incredible wildlife encounters
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing April 1st, 2022 and onwards

Itinerary Notes

When arranging your transportation, such as flights, please take into consideration the below time restrictions for joining and departing from your group. With these times, we have taken into account travel time to/from the airport in the given destination and required time for check-in or baggage collection/immigration. Your flight must arrive by or before: 11:00am on Day 1 Depart at any time. Meeting point is at the hotel at 2:30pm to join the group.

Itinerary

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1 Santa Cruz Island

Arrive to Galapagos before 11:00am and transfer across Santa Cruz Island to the town of Puerto Ayora. Meet the group at the hotel at 2:30pm for a guided visit to the Charles Darwin Research Station for an opportunity to see the famous tortoises up close. Get to know the group in the evening over a few drinks. Cheers to new adventures with new friends!

Fausto Llerena Breeding Center & Charles Darwin Research Station Visit

Puerto Ayora 45m

Visit Fausto Llerena Breeding Center a great place to observe many species of tortoises and land iguanas in captivity. Brought back from the brink of extinction, see the famous Galápagos tortoise up close - a corral houses adult tortoises, and a nursery cares for the young until around age three when their shells have hardened.

This area also houses the Charles Darwin Research Station, a scientific organization initiated in 1964, which works to preserve the Galápagos' ecosystem through the conservation efforts of scientists, researchers, and volunteers. While the offices themselves are not open to visitors, the research station provides a study location for international scientists and environmental education for the local community.

Accommodation

Hotel Palm Garden (or similar)

Hotel

Day 2 Santa Cruz Island/Isabela Island

Hop on a speedboat and head to Isabela Island. Soak up the views around you — you might even see dolphins or whales alongside the boat! After dropping your stuff at the hotel, enjoy a free afternoon to explore the town of Puerto Villamil or to laze on the beach.

Please note that travel between islands is done by speedboat. The ride can be quite rough, especially from July to December. Make sure to bring sea sickness medication if you are prone to sea sickness.

Boat

Santa Cruz Island - Isabela Island 2h

Jump aboard this speedy vessel, keep your eyes peeled for dolphins or whales en route to the next island.

Meals included: Breakfast

Accommodation

Hotel Iguana (or similar)

Hotel

Day 3 Isabela Island

Get up close and personal with a volcano as you hike the Sierra Negra today. Explore the incredible landscape and admire spectacular views from above. The afternoon is yours to snorkel, visit the giant tortoise breeding centre, or check out the Flamingo Lagoon.

Please note that space may be limited for optional activities during high season, these activities are operated by third-party operators and will be subject to availability.

Sierra Negra Volcano Hike

Isabela Island 1h-2h

Hike to the rim of the 10km (6 mi) wide crater of the Sierra Negra volcano, which has the largest basaltic caldera in the Galápagos. Trek across the moon-like landscape of the lava fields and fumaroles, and enjoy spectacular views looking north toward Fernandina and the rest of Isabela Island. The volcano last erupted in June 2018, making it the most recent eruption of the Galápagos. This hike is 7km in total (3.5 km each way).

Optional Activities - Day 3

Los Tuneles Snorkelling

Isabela Island 4h-5h

140-150USD per person

Grab your swimsuit, a snorkel, and head out to explore the waters to see what's living under the sea. Head to Los Tuneles about a 40 minute boat ride away from Puerto Villamil. The lava formations and mangroves make this an ideal place for snorkeling. Keep an eye out for eagle rays, sea turtles and large schools of colourful fish.

Islote Tintoreras Snorkelling

Isabela Island 2h-2h30m

45-50USD per person

Go snorkelling at the islet Las Tintoreras, located south of Puerto Villamil - it's the perfect place to glide along watching the magic unfold under the water's surface. Enjoy a small calm turquoise bay to look for the whitetip reef shark, which are fairly common in the archipelago. (The sharks are called Tintorera in Spanish, which is where the site gets its name.) Keep an eye out for sea lions, sea turtles, marine iguanas, and rays as well as the sharks.

Surfing Lesson

Isabela Island 2h-2h30m

45-55USD per person

Grab your swimsuit and get ready to hang ten! Learn how to find and ride the waves with surfing lessons from local experts. Enjoy the fresh sea air, and try to spot local marine life while enjoying the waters.

Flamingo Lagoon Visit

Isabela Island

Spend some time exploring Isabela's natural attractions. Enjoy a walk to the largest coastal lagoon in the Galápagos, also a principal breeding ground for flamingos. Make stops along the way at a lookout point,

and to visit natural pools, beaches, and mangrove swamps. Also stop along the way at the Giant Tortoise Breeding Centre to see how these fascinating creatures are hatched, cared for and released into the wild in the ongoing efforts to protect the species.

Meals included: Breakfast

Accommodation

Hotel Iguana (or similar)

Hotel

Day 4 Isabela Island/Santa Cruz Island

Travel by speedboat back to Santa Cruz Island and enjoy a free afternoon exploring the town or walking to nearby Tortuga Bay for a swim. Later, head out to explore Puerto Ayora and sample the local specialties of the Santa Cruz Brewing Company. Enjoy a bite to eat, or continue on to another bar or to get your drink (and dance!) on.

Boat

Isabela Island - Santa Cruz Island 2h

Jump aboard this speedy vessel, keep your eyes peeled for dolphins or whales en route to the next island.

Your Big Night Out Moment: - Puerto Ayora

Whether it's a pub crawl, drink specials or a bonfire on the beach, celebrate late into the night with your new best friends.

Meals included: Breakfast

Accommodation

Hotel Palm Garden (or similar)

Hotel

Day 5 Santa Cruz Island/San Cristóbal Island

Take another speedboat to San Cristóbal Island and visit the Galapagos National Park Interpretation Center near town to learn about the unique history of the ecosystems, flora, and fauna of the islands.. Later, go snorkelling at Tijeretas to look for wildlife like sea lions, rays and marine iguanas before wandering along the malecón to look for a place to grab a drink and watch the sunset.

Please note, the accommodation for the night is multi-share in a hostel.

Boat

Santa Cruz Island - San Cristóbal Island 2h

Jump aboard this speedy vessel, keep your eyes peeled for dolphins or whales en route to the next island.

Interpretation Center Visit

San Cristóbal Island 1h-2h

Learn about the history of the Galápagos Islands from the very beginning of their volcanic origins through to today's conservation efforts. Tour the Human History exhibit to learn about the islands' discovery and colonization, and discover the natural history and variety of flora and fauna that make the Galápagos so fascinating.

Tijeretas Snorkelling Excursion

San Cristóbal Island

Enjoy a snorkelling excursion at Tijeretas, which happens to be one of the best places to search for underwater life in the Galapagos. As you move through the water be on the lookout for sea lions, rays, and marine iguanas, and sea turtles.

Meals included: Breakfast

Day 6 San Cristóbal Island

The day is yours to explore San Cristóbal Island. You can opt to snorkel at epic Kicker Rock or Isla Lobos, visit the white-sand beach of Playa Mann, or La Lobería to mingle with the resident sea lions.

Optional Activities - Day 6

Snorkelling (Isla Lobos)

Isla Lobos

90USD per person

Snorkel the waters of peaceful Isla Lobos, amid the families of sea lions and their inquisitive pups looking to play. Spot nesting frigatebirds and the famous blue-footed boobies resting on the shore. Be sure to bring your camera to catch some snaps at this prime wildlife watching haven.

Snorkelling (Kicker Rock)

Kicker Rock 2h-3h

125USD per person

Embark on a snorkelling adventure at Kicker Rock, one of the most stunning landmarks in the Galápagos Islands that's home to an incredibly diverse range of marine life that inhabits the nutrient-rich water. Explore the rock which rises 150m (492 ft) above the ocean's surface, and is divided into two parts by a narrow channel. See an array of sharks and fish that are drawn to the rock and provide for an exhilarating unique snorkelling experience.

La Lobería Beach Visit

Puerto Baquerizo Moreno

Visit La Lobería beach and be greeted by a colony of sea lions. Keep your eyes open for marine iguanas on the black rocks and sea turtles in the shallow bay.

Playa Mann Visit

Playa Mann

Head to this white-sand beach just a short walk from town. Go for a swim or watch snoozing sea lions.

Meals included: Breakfast

Day 7 San Cristóbal Island

Depart at any time.

Meals included: Breakfast

What's Included

Your Big Night Out Moment: - Puerto Ayora, Santa Cruz Island. Interpretation Centre Visit (San Cristóbal Island). Snorkelling equipment and activity at Tijeretas (San Cristóbal). Hike to Sierra Negra Volcano (Isabela Island). Charles Darwin Research Station (Santa Cruz Island). Isabela Municipal Tax. Opportunities for snorkelling, swimming, and incredible wildlife encounters. All transport between destinations and to/from included activities.

Highlights

Snorkel with sea lions, travel by public speedboats around the Galápagos Islands, visit Charles Darwin Research Station, hike the Sierra Negra Volcano.

Dossier Disclaimer

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Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Itinerary Notes

When arranging your transportation, such as flights, please take into consideration the below time restrictions for joining and departing from your group. With these times, we have taken into account travel time to/from the airport in the given destination and required time for check-in or baggage collection/immigration.

Your flight must arrive by or before: 11:00am on Day 1

Depart at any time.

Meeting point is at the hotel at 2:30pm to join the group.

Important Notes

ADD-ON

1) This trip can be booked on its own or as an add-on to many of our Galápagos Islands yacht based adventures. Please speak to your sales GCO about how you can mix and match with other programs.

2) ITINERARY

The itinerary is subject to further changes dependent upon new regulations made by the Galápagos National Park or seasonal points of interest.

3) GALÁPAGOS ISLAND PARK ENTRY FEE

The Ecuadorian government currently levies a Galápagos Islands Park entry fee of \$100 USD per person. This is payable at the airport upon arrival in the park. It is not included in the cost of the tour, and must be paid in CASH. This fee funds Park maintenance and supervision in Galápagos, as well as ecological study, conservation and infrastructure development in Ecuador's other National Parks. Entry fees and the funds they generate for the National Park System are among measures taken by the Ecuadorian government to protect its natural heritage.

4. The Consejo de Gobierno (local government council) have implemented a system of Transit Control Cards at a fee of \$20 USD per person. This card is to be purchased in CASH at a counter in the Quito airport before boarding the flight to the Galapagos. Please retain this card along with your passport as you will be required to present this upon arrival to the Galapagos Islands. Please note that this applies to all tourists entering the Galapagos Islands and is a supplement to the existing entry fee to the National Park and is not controlled by tour operators or travel agencies. It is the first of a number of initiatives to track, control and maintain the sustainable tourism targets set out by the Galapagos National Park and the Ecuadorian government in an attempt to preserve the fragile environment of the archipelago.

5. All travellers are required to pay the tax on domestic flights in Ecuador. Foreign travellers are exempt from this, and proving you are indeed a foreign traveller can be done by providing us with your international ticket number (ITN). Travellers who do not submit international ticket numbers at least 30 days prior to Day 1 of their tour will be required to pay the domestic tax on all included flights.

COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

Group Leader Description

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds. For the Galápagos, our CEOs are naturalists certified by the Galapagos National Park.

Group Size Notes

Max 16, avg 12

Meals Included

6 breakfasts

Meals

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your leader will be able to suggest favourite restaurants during your trip. For all trips please refer to the meals included and budget information for included meals and meal budgets.

Transport

Speedboat, public bus, and private vehicle.

About our Transportation

We will travel via both public and private speedboats between the islands. This is a fun way to travel but those who experience motion sickness may want to ensure they bring any medications or use preventative measures against an upset stomach.

Local Flights

BAGGAGE ALLOWANCE FOR DOMESTIC FLIGHTS TO/FROM THE GALAPAGOS:

Maximum one piece of luggage per person weighing a maximum of 23 kilograms (50 pounds), plus one carry-on piece weighing a maximum of 10 kilograms (22 pounds).

Solo Travellers

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Accommodation

Simple hotels (6 nts).

My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

Rooming and "My Own Room" Exceptions

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single accommodation for all night stops, with the following exceptions: Nights 1-2: Floreana camping.

About Accommodation

We camp at a private campsite on Isabela Island, with shared bathroom facilities with toilets, showers, and sinks. All camping equipment (with the exception of your sleep sheet and pillow) is supplied, including camp mattresses and sleeping bags.

Joining Instructions

This tour starts at the joining point hotel in the town of Puerto Ayora on Santa Cruz Island at 2:30pm. For those arriving to Galapagos today, your flight should arrive to Baltra Island no later than 11am. There will be local buses outside of the airport that will transfer you for 10 minutes to the nearby canal. This bus costs approximately \$5 USD per person and the tickets can be purchased as soon as you leave the baggage retrieval area of the airport. Once at the canal there are regular ferries that transfer travellers and their luggage for a short journey across the canal (10 min) to the island of Santa Cruz. This ferry costs approximately \$1 USD per person. Once you've retrieved your luggage from the ferry there will be local buses waiting as well as taxis available for the transfer across the island to Puerto Ayora. The local bus takes about 1 hour and costs approximately \$5 USD per person and taxis usually cost approximately \$25-30 USD per car and take about 45 minutes to get to town.

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What to Take

We recommend the use of a duffel bag or backpack (whichever you find easiest to carry). A good size daypack is also essential.

Please note that Galápagos is a protected National Park so your luggage will be checked before arrival and departure to and from the islands. Don't bring any food, seeds or other organic material that could affect the delicate ecosystem of the islands.

Packing List

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Required visas or vaccination certificates (required) (With photocopies)
- Vouchers and pre-departure information (required)

Essentials:

- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Toiletries (Preferably biodegradable)
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (required)
- Hand sanitizer (required)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test
- Rubber gloves

Marine:

- Drybag (Will help keep cameras and essentials dry)

- External battery pack
- Motion sickness tablets
- Sarong
- Snorkel gear (optional) (Only if own equipment is preferred.)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Note:

Laundry

Laundry availability is dependent on the location you're in or the amount of time spent in that location.

We suggest packing enough clothing in case laundry is not available and/or packing laundry soap so you can wash things if needed.

Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

** Please note that by February 2nd 2018, it will be mandatory for every traveler to show proof of insurance (covering medical, accident, death) to the immigration authority at the airport or border crossing into Ecuador. This insurance must cover the traveler for their entire length of stay in the country.

If you do not carry proof of insurance and/or an insurance assistance card that satisfies this requirement, it is possible that your entrance into Ecuador could be denied.

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available some may not accept all international credit or debit cards. You may need to try at more than one machine if the first does not accept your card. You should also check with your bank before leaving to ensure that your card works internationally. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds. Please bring USD banknotes in denominations smaller than 100, as they can be hard to exchange in Ecuador. 100 dollar bills of certain series (e.g. CB B2) can be especially hard to cash!

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent). As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Please note that ATMs are located on Puerto Ayora but nowhere else this tour visits in the Galápagos.

Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Tipping

Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. At the end of each trip if you felt your G Adventures CEO or and crew did an outstanding job, tipping is appreciated. There will be two envelopes left in your cabin on the final night of your tour, one for the CEO and one for crew members. The amount is entirely a personal preference, however as a guideline a per traveller tip of 7-10 USD, per day for your CEO and 10-15 USD per day for the crew can be used.

Optional Activities

Isabela Island

- Los Tuneles Snorkelling (140-150USD per person)
- Islote Tintoreras Snorkelling (45-50USD per person)
- Flamingo Lagoon Visit

Isabela Island

- Surfing Lesson (45-55USD per person)

Puerto Baquerizo Moreno

- La Lobería Beach Visit

Playa Mann

- Playa Mann Visit

Isla Lobos

- Snorkelling (Isla Lobos) (90USD per person)

Kicker Rock

- Snorkelling (Kicker Rock) (125USD per person)

Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our

CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Travel Insurance

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customerservice@gadventures.com and we will send it on to you.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation - Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Minimum Age

Minimum age of 18 years for this trip.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.